



Panorama Social-Emotional Learning: Adult Measures

Your experience matters! We're asking you the below survey questions so that we can better support you and your colleagues. Your feedback here will help us create a more inclusive, equitable, and supportive school community in ways that ultimately benefit not just staff and faculty but also the students we all serve. Thank you for taking the time to candidly share your thoughts and feelings with us.

Teaching Environment

In this first section, please give us your perceptions of your teaching environment, both inside your classroom and at your school more generally.

1. On most days, how enthusiastic are the students about being at school?

- Not at all enthusiastic
 Slightly enthusiastic
 Somewhat enthusiastic
 Quite enthusiastic
 Extremely enthusiastic

2. When new initiatives to improve teaching are presented at your school, how supportive are your colleagues?

- Not at all supportive
 Slightly supportive
 Somewhat supportive
 Quite supportive
 Extremely supportive

3. How optimistic are you that your school will improve in the future?

- Not at all optimistic
 Slightly optimistic
 Somewhat optimistic
 Quite optimistic
 Extremely optimistic

4. How supportive are students in their interactions with each other?

- Not at all supportive
 Slightly supportive
 Somewhat supportive
 Quite supportive
 Extremely supportive

5. To what extent are teachers trusted to teach in the way they think is best?

- Not trusted at all
 Trusted a little bit
 Trusted somewhat
 Trusted quite a bit
 Trusted a tremendous amount

6. How positive are the attitudes of your colleagues?

- Not at all positive
 Slightly positive
 Somewhat positive
 Quite positive
 Extremely positive

7. How respectful are the relationships between teachers and students?

- Not at all respectful
 Slightly respectful
 Somewhat respectful
 Quite respectful
 Extremely respectful

8. How often do you see students helping each other without being prompted?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost all the time

9. Overall, how positive is the working environment at your school?

- Not at all positive
 Slightly positive
 Somewhat positive
 Quite positive
 Extremely positive



Teaching and Supporting Students

In this section, we would like to learn more about your perceptions of different aspects of your teaching.

10. How confident are you that you can engage students who typically are not motivated?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

11. How confident are you that you can help your school's most challenging students to learn?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident

12. How thoroughly do you feel that you know all the content you need to teach?

Not thoroughly at all
 Slightly thoroughly
 Somewhat thoroughly
 Quite thoroughly
 Extremely thoroughly

13. Thinking about **grit** in particular, how confident are you that you can support your students' growth and development?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident
 I am not sure what we mean by "grit."

14. Thinking about **growth mindset** in particular, how confident are you that you can support your students' growth and development?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident
 I am not sure what we mean by "growth mindset."

15. Thinking about **social awareness** in particular, how confident are you that you can support your students' growth and development?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident
 I am not sure what we mean by "social awareness."

16. Thinking about **self-management** in particular, how confident are you that you can support your students' growth and development?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident
 I am not sure what we mean by "self-management."

17. Thinking about **self-efficacy** in particular, how confident are you that you can support your students' growth and development?

Not at all confident
 Slightly confident
 Somewhat confident
 Quite confident
 Extremely confident
 I am not sure what we mean by "self-efficacy."



18. What is the most effective thing that you do to model social-emotional learning for your students?

Your Well-Being

In this section, please tell us how you're doing. We're asking you these questions because we want to better support teachers' professional well-being, and will not use responses to evaluate or judge individuals. You can skip any question that you don't feel comfortable answering.

During the past week, how often did you feel _____ at work?

19. engaged

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

20. excited

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

21. exhausted

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

22. frustrated

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

23. happy

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

24. hopeful

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

25. overwhelmed

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

26. safe

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

27. stressed out

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |



28. worried

Almost never

Once in a while

Sometimes

Frequently

Almost always

29. How effective do you feel at your job right now?

Not at all effective

Slightly effective

Somewhat effective

Quite effective

Extremely effective

30. How much does your work matter to you?

Does not matter at all

Matters a little bit

Matters some

Matters quite a bit

Matters a tremendous amount

31. How meaningful for you is the work that you do?

Not at all meaningful

Slightly meaningful

Somewhat meaningful

Quite meaningful

Extremely meaningful

32. Overall, how satisfied are you with your job right now?

Not at all satisfied

Slightly satisfied

Somewhat satisfied

Quite satisfied

Extremely satisfied

33. What can school or district leaders do to better support your well-being?

34. What has helped you most in managing work-related stress?

Belonging

In this section, please tell us how you're doing. We're asking you these questions because we want to better support teachers' professional well-being, and will not use responses to evaluate or judge individuals. You can skip any question that you don't feel comfortable answering.

35. How well do your colleagues at school understand you as a person?

Do not understand at all

Understand a little

Understand somewhat

Understand quite a bit

Completely understand

36. How connected do you feel to other adults at your school?

Not at all connected

Slightly connected

Somewhat connected

Quite connected

Extremely connected

37. How much respect do colleagues in your school show you?

No respect at all

A little bit of respect

Some respect

Quite a bit of respect

A tremendous amount of respect



38. How much do you matter to others at your school?

- Do not matter at all
 Matter a little bit
 Matter some
 Matter quite a bit
 Matter a tremendous amount

39. Overall, how much do you feel like you belong at your school?

- Do not belong at all
 Belong a little bit
 Belong somewhat
 Belong quite a bit
 Completely belong

Professional Growth

In this section, please tell us about your opportunities to learn more about student social-emotional learning.

40. In terms of social-emotional learning (SEL) in particular, how supportive has the school been of your growth as a teacher?

- Not at all supportive
 Slightly supportive
 Somewhat supportive
 Quite supportive
 Extremely supportive

41. At your school, how valuable are the social-emotional learning (SEL) professional development opportunities?

- Not at all valuable
 Slightly valuable
 Somewhat valuable
 Quite valuable
 Extremely valuable

42. When it comes to social-emotional learning (SEL), how helpful are your colleagues' ideas for improving your teaching?

- Not at all helpful
 Slightly helpful
 Somewhat helpful
 Quite helpful
 Extremely helpful

43. How often do your social-emotional learning (SEL) professional development opportunities help you explore new ideas?

- Almost never
 Once in a while
 Sometimes
 Frequently
 Almost all the time

44. How relevant have your social-emotional learning (SEL) professional development opportunities been to the content that you teach?

- Not at all relevant
 Slightly relevant
 Somewhat relevant
 Quite relevant
 Extremely relevant

45. Thinking of social-emotional learning (SEL) in particular, how much input do you have into individualizing your own professional development opportunities?

- Almost no input
 A little bit of input
 Some input
 Quite a bit of input
 A tremendous amount of input

46. Overall, how much do you learn about supporting your students' social-emotional learning (SEL) from the leaders at your school?

- Learn almost nothing
 Learn a little bit
 Learn some
 Learn quite a bit
 Learn a tremendous amount

47. What professional development topics should your school focus on to better support students' social-emotional growth?



General Perceptions of Teaching

In this section, please let us know the extent to which most teachers might be able to improve different aspects of teaching over time.

48. To what extent can teachers increase how much their most difficult students learn from them?

- Cannot increase at all
 Can increase a little
 Can increase somewhat
 Can increase quite a bit
 Can increase a tremendous amount

49. How easily can teachers change their teaching style to match the needs of a particular class?

- Not at all easily
 Slightly easily
 Somewhat easily
 Quite easily
 Extremely easily

50. To what extent can teachers improve their implementation of different teaching strategies?

- Cannot improve at all
 Can improve a little
 Can improve somewhat
 Can improve quite a bit
 Can improve a tremendous amount

51. How possible is it for teachers to change their ability to work with dissatisfied parents?

- Not at all possible to change
 A little possible to change
 Somewhat possible to change
 Quite possible to change
 Completely possible to change

52. How much can teachers improve their classroom management approaches?

- Cannot improve at all
 Can improve slightly
 Can improve somewhat
 Can improve quite a bit
 Can improve a tremendous amount

53. To what extent can teachers change their intelligence about the subjects that they teach?

- Cannot change at all
 Can change a little bit
 Can change somewhat
 Can change quite a bit
 Can change a tremendous amount

54. Over the course of a school year, to what extent can teachers improve the clarity of their explanations of challenging concepts?

- Cannot improve at all
 Can improve slightly
 Can improve somewhat
 Can improve quite a bit
 Can improve a tremendous amount

55. How possible is it for teachers to change how well they relate to their most difficult students?

- Not at all possible to change
 A little possible to change
 Somewhat possible to change
 Quite possible to change
 Completely possible to change